

Selotember 2022 ELUL 5782/TISHREI 5783 אלול תשפ"ב/תשרי תשפ"ג

Imagine you have just moved to a new country. As you walk the foreign streets, trying to make sense of a language you cannot understand, your eye spots something familiar - a car sporting the logo of your favorite football team. Or better yet, it's your alma mater logo! Suddenly the feeling of loneliness is gone.

» The idea:

As human beings, one of our fundamental needs is to have a feeling and sense of belonging. The verse "Torah Tzivah" is like a giant billboard that states: You belong here!

The Torah is not an ancient relic that was given many years ago. Neither is it an exclusive club that welcomes only the best and the brightest.

It was given to Moshe with a clear directive: Ensure that it becomes the personal property of every single Jew. That you and I inherit it forever.

» Story:

"Rebbe, we organized Rosh Hashanah services for Jews without a background!" George Rohr, a prominent businessman and well-known philanthropist, was sharing the good news with the Rebbe about a successful program he recently spearheaded in Manhattan. The Rebbe looked at him intently.

"No Jewish background?" the Rebbe asked. "Go back and tell them that they have a background. They are the children of Abraham, Isaac and Jacob, Sarah, Rebecca, Rachel and Leah!"



"The Torah that Moshe commanded us is the heritage of the congregation of Yaakov."

(Deuteronomy 33:4)

THE TORAH IS YOURS FOREVER. NO ONE CAN TAKE IT AWAY FROM YOU, OR TAKE YOU AWAY FROM IT.



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SHABBAT
					ה אלול ELUL 5	1 אלול ELUL 6	ז אלול SHOFTIM PIRKEI-AVOT: Chapter 6
4	ח אלול ELUL 8	ט אלול ELUL 9	י אלול ELUL 10	יא אלול 7 ELUL 11	יב אלול ELUL 12	יג אלול ELUL 13	יד אלול KI TEITZEI PIRKEI-AVOT: Chapters 1 & 2
1	טו אלול ELUL 15	12 טז אלול ELUL 16	יז אלול 13 ELUL 17	יח אלול 14 ELUL 18	יט אלול 15 ELUL 19	כ אלול ב C אלול ב 16 ELUL 20	27 כא אלול ELUL 21 Shabbat Selichot PIRKEI-AVOT: CHAPTER 3 & 4
1	כב אלול ELUL 22	כג אלול 19 ELUL 23	20 כד אלול ELUL 24	21 כה אלול ELUL 25	כו אלול 22 ELUL 26	23 אלול ELUL 27	24 כח אלול NITZAVIM PIRKEI-AVOT: CHAPTER 5 & 6
	כט אלול ELUL 29	א תשרי 26 ST DAY OF ROSH HASHANAH	ב תשרי 2 TISHREI 2 2ND DAY OF ROSH HASHANAH DAY 1	ג תשרי 28 TISHREI 3 FAST OF GEDALIAH	ד תשרי 1 TISHREI 4	ה תשרי 1 TISHREI 5	

()ctober 2022 TISHREI/CHESHVAN 5783 תשרי/חשון תשפ"ג

Some people suggest that Jews are exceptionally smart. To support this, they point to the fact that 20% of the Nobel Prize Laureates are Jewish, while Jews make only 0.02% of the world's population.

Is this a real thing? And if so, then what is our secret?

» The idea:

Wisdom is all about seeing the bigger picture. Smart people are able to analyze, identify trends, and look deeper. Any situation or idea that they come across, they recognize that they are seeing but a minute perspective of something much more complex and intricate. The Shema serves as our constant reminder to look at the bigger picture.

At first glance, our universe might seem like a chaotic collection of beings and creatures. The Shema prayer reminds us that the world is all part of one beautiful creation, lovingly crafted by G-d.

The conscious awareness of G-d's oneness all around us, can help us attain true wisdom as well as empower a sense of peace and calmness.

» Story:

In 1989, NYC Mayor David Dinkins visited the Rebbe. The Rebbe told him that he hopes for for the day when "it will not be necessary to underline every time that they are 'Negro,' or they are White, or they are Hispanic ... because they are no different. All of them are created by the same G-d, and created for the same purpose; to add in all good things around them, especially beginning with themselves and their families ..."

WE ARE ALL PART OF A BEAUTIFUL PICTURE, CREATED BY THE MASTER OF ALL ARTISTS: G-D.





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SHABBAT
					₩	ו תשרי VAYEILECH TISHREI 6 Shabbat Shuvah
ז תשרי TISHREI 7	ח תשרי TISHREI 8	ל תשרי TISHREI 9 EREV YOM KIPPUR	י תשרי TISHREI 10 YIZKOR YOM KIPPUR	הא תשרי TISHREI 11	יב תשרי TISHREI 12	יג תשרי HA'AZINU TISHREI 13
יד תשרי TISHREI 14	יטר תשרי 10 TISHREI 15 1ST DAY OF SUKKOT	טז תשרי TISHREI 16 2ND DAY OF SUKKOT	יז תשרי 17 TISHREI 17	יח תשרי 13 TISHREI 18 2ND INTERMEDIATE DAY OF SUKKOT	יט תשרי 11 TISHREI 19 3RD INTERMEDIATE DAY OF SUKKOT	כ תשרי ל TISHREI 20 4TH INTERMEDIATE DAY OF SUKKOT
כא תשרי TISHREI 21 HOSHANA RABA	כב תשרי 17 TISHREI 22 A	מג תשרי TISHREI 23	כד תשרי 19 TISHREI 24	כה תשרי TISHREI 25	כו תשרי TISHREI 26	כז תשרי BEREISHIT Blessing of new month
מח תשרי Con תשרי TISHREI 28	24 כט תשרי TISHREI 29	ל תשרי ל TISHREI 30	א חשרן ^א cheshvan 1	ב חשרו ב CHESHVAN 2	ג חשון ג cheshvan 3	29 CHESHVAN 4 NOACH
n nwrr cheshvan 5	1 חשרן 1 cheshvan 6	ROSH CHODESH	ROSH CHODESH		₩	

ארשון/כסלו תשפייג CHESHVAN/KISLEV 5783

Americans have one day a year dedicated to celebrating freedom: The 4th of July, Canadians have Canada Day, and the French enjoy Bastille Day.

The Jewish People have Passover, the annual holiday celebrating our freedom from Egypt and the becoming of a nation. Yet, we are also commanded to remember it daily, to the extent that we have to view ourselves "as if we personally left Egypt today!"

Why is that so important?

» The idea:

Nothing amazing can be accomplished inside our comfort zone. Whenever we want to achieve something truly remarkable, we need to dare and push ourselves to reach it.

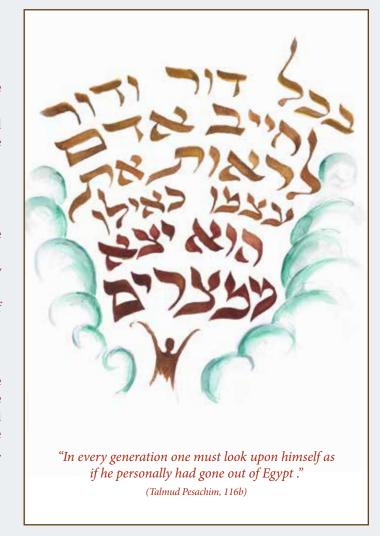
The accomplishments of yesterday, however, become the comfort zone of today. And so each day anew, we must push ourselves to even greater heights.

Rather than viewing the exodus as a one time occurrence, we should view it as a life journey of striving to always accomplish more and breaking our own limitations in the service of G-d.

» Story:

When Rabbi Shmuel Kaplan, the Rebbe's emissary to Baltimore, succeeded in organizing a large Simchat Torah program of 3,000 participants, he rushed to share his success with the Rebbe. "We had 3,000 participants," he exclaimed. "30,000 participants?" The rebbe asked. "No, 3,000," Rabbi Kaplan repeated. "30,000?" the Rebbe asked again. Finally, Rabbi Kaplan understood that the Rebbe wanted him not to rest on his laurels and focus on the next big achievement on the horizon.

CONSTANTLY PUSHING YOURSELF HIGHER, WILL HELP YOU DISCOVER YOUR OWN GREATNESS AND POTENTIAL AS WELL AS BRING GREATNESS TO THE WORLD.





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SHABBAT
		ז חשון CHESHVAN 7	ח חשרן CHESHVAN 8	ט חשון ט CHESHVAN 9	י חשוי cheshvan 10	יא חשוד LECH CHESHVAN 11 LECHA
יב חשוז CHESHVAN 12	יג חשוז CHESHVAN 13	יד חשון CHESHVAN 14	טי חשיון cheshvan 15	10 טז חשון cheshvan 16	יז חשון CHESHVAN 17	אירו חשון VAYEIRA CHESHVAN 18
יט חשון cheshvan 19	ב חשון cheshvan 20	לא חשון CHESHVAN 21	בב חשון cheshvan 22	כג חשון CHESHVAN 23	לבד חשון CHESHVAN 24	כה חשון CHAYEI SARAH Blessing of new month
רי חשרן cheshvan 26	21 חשון CHESHVAN 27	חשון CHESHVAN 28	כט חשון CHESHVAN 29	ל חשרן ל CHESHVAN 30	א כסלו א CD S S S S S S S S S S S S S S S S S S	26 KISLEV 2 TOLDOT
ג כטלו א COTI א	ד כטלו T KISLEV 4	ה כטלו ה C S KISLEV 5	1 כסלו (KISLEV 6			

WISLEV/TEVET 5783 בסלו/טבת תשפ"ג

If a man is his own worst enemy, then self-doubt is his most effective weapon. For centuries, "I am not good" or "I am not good enough" have been the source of great demoralization for the human species.

» The idea:

Knowing that we are inherently good can offer the reassurance that we need in life. The answer to the question "am I good" and "am I good enough" is rather simple: Yes and yes. You are good because you have a beautiful soul, endowed by G-d. We are good because we do so much good [many times, without even realizing it].

» Story:

Once, a non-Chabad Chossid visited the Rebbe. "Can you please share a recent Torah thought of your Rebbe?" the Rebbe asked.

The Chassid quoted a Talmudic adage that states "the sinners of Israel are filled with good deeds (Mitzvahs) as seeds of a pomegranate". "My Rebbe discussed this adage, and asked: how is it possible that the sinners have as many good deeds as a pomegranate?"

The Rebbe smiled and replied:

"I also have a question about this statement but my question is different. If they are filled with good deeds as a pomegranate, why are they called sinners?"

NEVER DOUBT YOUR OWN INNER BEAUTY.



"All Israel have a share in the World To Come, as it is stated (Isaiah 60:21): 'And Your people are Tzaddikim (righteous).' They shall inherit the land forever. They are the branch of My planting, the work of My hands, in which I take pride."

(Talmud Sanhedrin, 90a)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SHABBAT
				ז כטלו KISLEV 7	ח כסלו 8 KISLEV 8	ט כסלו VAYEITZEI KISLEV 9
י כטלו KISLEV 10 In evening begin Tal U'matar	יא כסלו KISLEV 11	יב כטלו KISLEV 12	יג כטלו KISLEV 13	יד כטלו KISLEV 14	טו כטלו או CKISLEV 15	טי כטלו VAYISHLACH KISLEV 16
יז כטלו KISLEV 17	יח כטלו KISLEV 18	יט כסלו (KISLEV 19	כ כסלו (KISLEV 20	בא כסלו (SISLEV 21	בב כסלו או CE (CE CO CE	כג כטלו VAYEISHEV Blessing of new month
18 CT COTI KISLEV 24	19 κISLEV 25	20 ιστι το κισιεν 26 chanukah	21 KISLEV 27 6006 CHANUKAH	22 מסלו או (SLEV 28 KISLEV 28 CHANUKAH	23 KISLEV 29 CHANUKAH	ל כסלו MIKEITZ MIKEITZ MIKEITZ O 3 4 5 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6
25 TEVET 1 0200600	26 TEVET 2 CHANUKAH	ג טבת TEVET 3	ד טבת ד tevet 4	ה טבת TEVET 5	1 טבת TEVET 6	אסבת T vayigash TEVET 7

How do you react when you feel stuck?

This was the question facing the entire Jewish people as they stood trapped in front of the Sea of Reeds. Just seven days after they left Egypt, the Egyptian army had maneuvered behind them, and the roaring sea loomed up ahead. They were stuck. "And the L-rd said to Moses... speak to the children of Israel and let them travel!"

Forward into...the sea? An individual by the name of Nachshon took G-d's instructions quite literally and jumped into the water. Moments later, Moses was told by G-d to raise his staff and the sea split.

» The idea:

Benjamin Franklin stated that "in this world nothing can be said to be certain, except death and taxes". In reality, though, there is something else that is certain: Whenever we want to do something good, we will encounter obstacles. In fact, one way to easily determine whether something is good or not, is by evaluating the level of difficulty it requires. If it's easy and takes no effort, most likely it should be avoided.

Yet, the obstacles present themselves as much bigger threats than they truly are. Our goal to do good, and to understand that it is much more achievable than we perceive it to be.

» Story:

"I am not interested in learning," complained one Yeshiva Student to the Rebbe. "Start with learning five minutes every day" the Rebbe suggested. "But keep it to five minutes. Once in a while, you can increase it by 20%." The Yeshiva student followed the Rebbe's advice. He started looking forward to his daily learning, finding himself yearning to learn more and more. Soon enough, learning was no longer a chore; it was something he deeply enjoyed.



"It is within your close reach to follow the Torah in speech, feeling and deed.

(Deuteronomy, 30:14)

WHEN YOU DO SOMETHING GOOD AND YOU ENCOUNTER OBSTACLES, KEEP ON GOING. SOONER OR LATER, THE OBSTACLES WILL COMPLETELY DISAPPEAR.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SHABBAT
ח טבת TEVET 8	ט טבת דע פער פער פער פער פער פער פער פער פער פע	י טבת TEVET 10	יא טבת יא דע טבת 11 TEVET 11	יב טבת TEVET 12	יג טבת TEVET 13	יד טבת VAYECHI TEVET 14 Shabbat Chazzak
טו טבת TEVET 15	9 טז טבת TEVET 16	יז טבת TEVET 17	יח טבת TEVET 18	יט טבת TEVET 19	13 בי טבת דע	כא טבת SHEMOT TEVET 21
15 CE USER TEVET 22	כג טבת TEVET 23	17 דטבת TS TEVET 24	בה טבת TEVET 25	19 cr טבת דר TEVET 26	20 טבת TEVET 27	21 ח טבת VA'EIRA Blessing of new month
22 πενετ 29	א שבט א SHEVAT 1	ב שבט ב SHEVAT 2	ג שבט ג SHEVAT 3	ד שבט ד SHEVAT 4	27 ה שבט SHEVAT 5	ר שבט BO SHEVAT 6
ז שבט ז Shevat 7	ח שבט ח SHEVAT 8	ט שבט shevat 9				

February 2023 SHEVAT/ADAR 5783 שבט/אדר תשפייג



Some of us are lucky to have great parents. Or great spouses. Or great teachers or friends.

What do great people have in common?

They know how to pay attention to detail. They don't just view us as a whole, but realize the many unique details that make us who we are.

» The idea:

knowing that G-d is intimately involved in every detail in our lives brings a feeling of awe, as well as appreciation of His greatness.

He didn't create us and abandon us, G-d forbid; he cares deeply about us. He wants to know what we do, how we speak, and even what we think.

We matter to Him; every fiber of our being and every moment of our existence.

» Story:

In response to someone who wrote about fears and anxieties, the Rebbe suggested that he study the beginning of Chapter 41 in Tanya, as a reminder of G-d's everlasting presence in our lives. Having this knowledge accessible at all times, will help alleviate the feelings of fear.

G-D IS PAYING ATTENTION TO EVERY DETAIL IN OUR LIVES.





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SHABBAT
			י שבט SHEVAT 10	יא שבט SHEVAT 11	יב שבט SHEVAT 12	יג שבט BESHALACH Shabbat Shirah
יד שבט SHEVAT 14	טו שבט SHEVAT 15	טז שבט SHEVAT 16	יז שבט SHEVAT 17	קיח שבט SHEVAT 18	יט שבט shevat 19	ל שבט אינדע C שבט YITRO SHEVAT 20
בא שבט SHEVAT 21	כב שבט SHEVAT 22	כג שבט SHEVAT 23	15 כד שבט shevat 24	כה שבט כה ארכה ארכה ארכה בט SHEVAT 25	כו שבט SHEVAT 26	כז שבט MISHPATIM SHEVAT 27 Blessing of new month Parshat Shekalim
בט שבט cn שבט SHEVAT 28	20 שבט SHEVAT 29	ל שבט ל SHEVAT 30	אדר P ADAR 1	ב אדר 2 ADAR 2	24 ADAR 3	ד אדר TERUMAH ADAR 4
26 ADAR 5	ו אדר 27 ADAR 6	אדר 28 ADAR 7				

אדר/ניסן תשפ"ג ADAR/NISSAN 5783

"I love used cars" said nobody ever. At times, we might need to buy used goods, but mostly for economical reasons. Still, brand-new is always better.

Is it the smell, the freshness or the sense of a new beginning? Perhaps all of the above. This is why we celebrate births, cherish sunrises, and toast the new year. New beginnings are good for us.

» The idea:

The new beginnings we all crave are available to us right here, right now. This is because at every given moment, G-d is creating the world anew.

Here's how the Baal Shem Tov explained this idea:

When G-d created the world, He created something out of nothing. The true identity of the world is nothing. The only way the world continues to exist is because G-d is creating the world again each moment. Talk about new beginnings!

» Story:

Rabbi Lord Jonathan Sacks came to meet the Rebbe as a University student. He was surprised when the Rebbe started questioning him about what he is doing for Jewish life in Oxford. Trying to defend himself, he said "in the situation in which I currently find myself..." the Rebbe uncharacteristically interrupted him and commented, "No one finds himself in a specific situation. You put yourself in a certain situation, you can put yourself into another situation."



"In the beginning G-d created the heavens and the earth." (Genesis 1:1)

WE WERE JUST RECREATED RIGHT NOW. THE WORLD IS OPEN TO US AND THE OPPORTUNITIES ARE BOUNDLESS.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SHABBAT
			ח אדר ADAR 8	ט אדר ADAR 9	י אדר אדר ADAR 10	יא אדר TETZAVEH ADAR 11 Parshat Zachor
יב אדר ADAR 12	ה אדר ADAR 13 FAST OF ESTHER	יד אדר ADAR 14	8 OUR 15 ADAR 15 SHUSHAN PURIM	9 טו אדר ADAR 16	יז אדר ADAR 17	יח אדר KI TISA ADAR 18 Parshat Parah
יט אדר 12 ADAR 19	ל אדר ADAR 20	כא אדר ADAR 21	כב אדר ADAR 22	כג אדר ADAR 23	17 CT ATC CT ADAR 24	כה אדר ADAR 25 VAYAKHEIL-PEKUDEI Blessing of new month Shabbat Chazzak Parshat Hachodesh
19 מו אדר ADAR 26	20 ADAR 27	21 אדר ADAR 28	כט אדר 22 ADAR 29	א ניטן NISSAN 1 ROSH CHODESH	ב ניסן 24 אוssan 2	גניטן A VAYIKRA S NISSAN 3
ד ניטן T NISSAN 4	ה ניסן א n NISSAN 5	ו ניסן NISSAN 6	ז ניסן א nissan 7	ח ניסן NISSAN 8	ט ניסן (San 9 אוא פיסן פור און פור פור און פור פור און פור פור און פור	



NISSAN/IYAR 5783 ניסן/אייר תשפ״ג

Have you ever seen a dog sit and ponder the purpose of life? Or how about a cat that was trying to understand the point of it all?

Being concerned with living a life that is worthwhile and meaningful, seems to be something uniquely human.

» The idea:

Our true impact is measured by the people we influence.

This is why in Judaism the idea of education takes center stage. Educating the children means instilling the G-dly values into the heart of the next generation so they can lead meaningful lives. The Rebbe would often point out that education does not only apply to biological children, or only children for that matter. Whenever we enable another individual to advance in their Torah knowledge, we are fulfilling the Mitzvah of education.

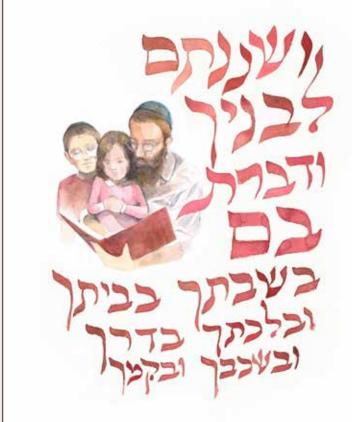
» Story:

After months of planning a special event for Jewish women in Melbourne, Rabbi Chaim Gutnick was deeply disappointed to see only one participant in attendance. Heartbroken over his event's failure, he wrote to the Rebbe.

The Rebbe's response consisted of a single sentence. That one sentence, however, was a powerful reminder of the importance of each and every single Jew:

"Moshe (Moses)", wrote the Rebbe, "had only one mother", implying that the entire event was worthwhile for the lessons and messages this one woman received.

TEACH A PERSON TORAH, AND YOU FEED THE SOUL FOR A LIFETIME.



"And you shall teach the Torah to your children, and you should speak about it when you are home and when you travel, before you lie down to sleep and when you wake up.

(Deuteronomy, 6:7)



7 1000			NEW MOON, IYAR: THURSDAY, APRIL 20, 2023, 2:08 (13/18) PM			
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SHABBAT
						י ניטן TZAV NISSAN 10 Shabbat Hagadol
		_	_			
יא ניטן NISSAN 11	יב ניסן NISSAN 12	יג ניסן NISSAN 13	יד ניטן NISSAN 14	טו ניטן NISSAN 15	7 טז ניטן NISSAN 16 Omer 1	יז ביטן NISSAN 17 Omer 2
			Eruv Tavshilin			
			FAST OF FIRST BORN FIRST SEDER	1ST DAY OF PASSOVER		1ST INTERMEDIATE DAY OF
				SECOND SEDER In the evening count 0mer 1	2ND DAY OF PASSOVER In the evening count 0mer 2	PASSOVER In the evening count Omer 3
יח ניסן	יט ניסן 1	כ ניסן 📲	כא ניסן 1	כב ניסן 📭	🖠 🔏 כג ניסן	לד ניסן SHEMINI
9 NISSAN 18 Omer 3	NISSAN 19 Omer 4	NISSAN 20 Omer 5	NISSAN 21 Omer 6	NISSAN 22 Omer 7	NISSAN 23 Omer 8	NISSAN 24 Blessing of new month PIRKEI-AVOT:
						Chapter 1
2ND INTERMEDIATE DAY OF	3RD INTERMEDIATE DAY OF	4TH INTERMEDIATE DAY OF PASSOVER	7TH DAY OF P assover	YIZKOR 8TH DAY OF PASSOVER	ISRU CHAG	
PASSOVER In the evening count Omer 4	PASSOVER In the evening count Omer 5	In the evening count Omer 6	In the evening count Omer 7	In the evening count Omer 8	In the evening count Omer 9	In the evening count Omer 10
כה ניסן NISSAN 25	כו ניטן NISSAN 26	כז ניטן 27 NISSAN 27	כח ניטן NISSAN 28 Omer 13	כט ניסן NISSAN 29 Omer 14	ל ניטן א 1 NISSAN 30	א אייר TAZRIA-
Omer 10	Omer 11	Omer 12	Omer 13	Omer 14	Omer 15	Omer 16 METZORA PIRKEI-AVOT: Chapter 2
					ROSH CHODESH In the evening count Omer 16	ROSH CHODESH In the evening count Omer 17
In the evening count Omer 11	In the evening count Omer 12	In the evening count Omer 13	In the evening count Omer 14	In the evening count Omer 15	Ĭ.	3
ב אייר 1YAR 2 Omer 17	ג אייר 1YAR 3 Omer 18	ד אייר אייר 1YAR 4 Omer 19	ה אייר וי אייר YAR 5 Omer 20	ו אייר 1 IYAR 6 Omer 21	ז אייר אייר IYAR 7 Omer 22	אייר ח ACHAREI-
In the evening count Omer 18	51101 TO	Sillor 10	OHIOI 20	01101 £1	Sinol 22	PIRKEI-AVOT: Chapter 3
ט אייר אייר IYAR 9						
Offici 24	In the evening court Ower 10	In the evening court Ower 20	In the evening count Omer 21	In the evening equations 22	In the evening count Omer 23	In the evening count Omer 24
In the evening count Omer 25	In the evening count Omer 19	In the evening count Omer 20		In the evening count Omer 22	₩.	



IYAR/SIVAN 5783 אייר/סיון תשפ**יי**ג

We live in a world where we have come to expect everything instantly. Just add hot water and have a coffee ready. Throw the frozen meal in the microwave and dinner is ready in minutes. Oh, and that Amazon delivery - please make sure to choose the same-day delivery option! Yet, some things can never be made instantly or bought with the click of a button.

» The idea:

When we are aiming to accomplish anything good, we must let go of the "instant" mentality. In the quest of making a difference in the world around us, there is an ingredient that cannot be skipped: Hard work and perseverance.

The Torah is promising us that adding this ingredient will guarantee success.

In fact, the formula is rather powerful. Hard work equals success; and success without hard work should be doubted and questioned. Hard work is the only way in which we can reach deeper within ourselves and reveal our G-dly abilities.

» Story:

Rabbi Zev Segal often traveled to the Soviet Union, and the Rebbe asked him to carry out clandestine missions to strengthen Jewish life in Russia.

On one occasion, upon returning from his trip, he reported to the Rebbe of the success of the mission, while emphasizing that it was quite difficult to do.

The Rebbe looked at him and asked: "Rabbi Segal, do you have a contract with G-d that everything needs to be easy?"



If someone says, "I have worked hard, and I have not been successful," don't believe him. If someone says, "I have not worked hard and I have been successful," don't believe him. If someone says, "I have worked hard, and I have been successful," believe him!

(Talmud Megillah, 6b)

DO YOUR BEST, KEEP AT IT, AND G-D WILL DO THE REST. TRUST THIS PROCESS AND YOU WILL SURELY SEE SUCCESS.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SHABBAT
	י אייר IYAR 10 Omer 25	יא אייר 1YAR 11 Omer 26	יב אייר IYAR 12 Omer 27	ג אייר IYAR 13 Omer 28	ד אייר 1YAR 14 Omer 29	טר אייר PIRKEI-AVOT: Omer 30 Chapter 4
	In the evening count Omer 26	In the evening count Omer 27	In the evening count Omer 28	In the evening count Omer 29	PESACH SHEINI In the evening count Omer 30	In the evening count Omer 31
0 אייר (טיז אייר IYAR 16 Omer 31	יז אייר IYAR 17 Omer 32	יח אייר IYAR 18 Omer 33	יט אייר IYAR 19 Omer 34	ב אייר (C אייר IYAR 20 Omer 35	כא אייר (CA אייר IYAR 21 Omer 36	לכב אייר Seharate Shabbat Chazzak PIRKEI-AVOT: Chapter 5
In the evening count Omer 32	In the evening count Omer 33	LAG BA'OMER In the evening count Omer 34	In the evening count Omer 35	In the evening count Omer 36	In the evening count Omer 37	In the evening count Omer 38
כג אייר (גער אייר IYAR 23 Omer 38	כד אייר 15 _{IYAR 24} Omer 39	כה אייר 16 IYAR 25 Omer 40	כו אייר 17 IYAR 26 Omer 41	מז אייר CT אייר YAR 27 Omer 42	כח אייר אייר YAR 28 Omer 43	20 אייר IYAR 29 Omer 44 Blessing of new month PIRKEI-AVOT: Chapter 6
In the evening count Omer 39	In the evening count Omer 40	In the evening count Omer 41	In the evening count Omer 42	In the evening count Omer 43	In the evening count Omer 44	In the evening count Omer 45
א סיון א SIVAN 1 Omer 45	22 SIVAN 2 Omer 46	23 SIVAN 3 Omer 47	24 SIVAN 4 Omer 48	25 NAN 5 Omer 49	26 SIVAN 6	27 SIVAN 7
ROSH CHODESH In the evening count Omer 46	In the evening count Omer 47	In the evening count Omer 48	In the evening count Omer 49	Eruv Tavshilin	1ST DAY OF SHAVUOT	¥YIZKOR 2ND DAY OF SHAVUOT
סיון n sivan 8	29 O O SIVAN 9	30 ° סיון sivan 10	א סיון sivan 11			
ISRU CHAG						



SIVAN/TAMMUZ 5783 סיון/תמוז תשפ"ג

Some people have very low trust. They suspect that everyone is in it for themselves, and don't believe that people can be altruistic.

Before we judge them, let's think about it for a minute. Aren't they right? Isn't it logical for us to have our own interests as our first and only priority?

» The idea:

A person is comprised of a body and a soul.

If we focus on the body, we will see many differences: In our appearance, in our preference, interests and goals. Indeed, we are so different.

The body, however, is not our true essence.

When we focus on our soul - our divine soul, part of G-d - we can see the truth: We are all connected.

» Story:

At first, not everyone appreciated the Rebbe's outreach efforts to every single Jew. When the Rebbe heard about it, he commented:

How would someone react if his own child would leave the Jewish path? Surely they would try anything possible to bring the child closer again!"

Every Jew is a child of G-d, a part of the same family, and should be treated as such.

Rabbi Akiva says that, "To love your fellow as yourself," is a great basic principle of the Torah.

(Leviticus 19:18, Midrash)

FOCUSING ON OUR SOUL WILL HELP US FIND UNITY AND CONNECTION WHEREVER WE GO.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SHABBAT
				יב טיון SIVAN 12	יג סיון SIVAN 13	NASO SIVAN 14 PIRKEI-AVOT: Chapter 1
טו סיון SIVAN 15	טז סיון SIVAN 16	יז סיון SIVAN 17	יח סיון SIVAN 18	יט סיון SIVAN 19	סיון כ סיון SIVAN 20	בא טיון SIVAN 21 BEHAALOTECHA PIRKEI-AVOT: Chapter 2
כב סיון SIVAN 22	כג סיון 12 SIVAN 23	לד טיון SIVAN 24	כה סיון SIVAN 25	כני סיוון SIVAN 26	16 SIVAN 27	2ח סיון SHELACH Blessing of new month PIRKEI-AVOT: Chapter 3
כט סיון SIVAN 29	ל סיון א SIVAN 30	א תמוז Pan א תמוז TAMIMUZ 1	ב תמוז TAMMUZ 2	ג תמוז TAMMUZ 3	23 א תמוז TAMMUZ 4	ה תמוז ה KORACH PIRKEI-AVOT: Chapter 4
25 ¹ ממוז בא 1 TAMMUZ 6	26 TAMMUZ 7	ח תמוז P TAMMUZ 8	ט תמוז א TAMMUZ 9	י תמוז 19 TAMMUZ 10	יא תמוז 10 TAMMUZ 11	



TAMMUZ/MENACHEM AV 5783 תמוז/ מנחם אב תשפ"ג

G-d's choice to create a world full of people seems curious. After all, robots would be a much better choice. They would fulfill all the 613 Mitzvot flawlessly. They won't deviate or go astray from G-d's commandments. So why did G-d choose us?

» The idea:

True beauty emanates from struggle, not perfection. G-d created an imperfect world filled with imperfect people, and instructed them: Make me a home.

Every time we do a Mitzvah, we accomplish something beautiful; we open another door for G-d's presence. The goal is to open enough doors so the world will finally transform into the perfect world it was always meant to be. A divine world where peace and harmony will reign forever.

» Story:

In a private audience with a struggling teen, the Rebbe asked him for his hobby. He shared his love for painting, and mentioned a specific painting of sunset that was sold on Sothbyes for three million dollars.

"But what's so special about the painting?" questioned the Rebbe. "Surely, it's not perfect. A picture of the sunset would be much more accurate!"

The Rebbe continued. "The painting costs much more because it was created by a human, not a machine. A human that gave his heart and soul into it. Yes, it might not be perfect, but that's what makes it beautiful.

"G-d has many angels, but our actions are so much more precious. Even when you fail, remember how G-d cherishes each of your successes".

G-D CREATED US, PLACED US IN THE WORLD, AND IS WAITING FOR AN INVITATION TO COME IN.



"The purpose of the creation of every Jew and of all the worlds is to make a dwelling place for G-d in this world."

(Tanya, Chapter 33)



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SHABBAT
						יב תמוז CHUKAT-TAMMUZ 12 BALAK PIRKEI-AVOT: Chapter 5
יג תמוז TAMMUZ 13	ד תמוז TAMMUZ 14	טו תמוז TAMMUZ 15	טז תמוז TAMMUZ 16	ליז תמוד TAMMUZ 17 FAST OF 17TH TAMMUZ	יח תמוז TAMMUZ 18	פיט תמוד PINCHAS PIRKEI-AVOT: Chapter 6
ס תמוז (TAMMUZ 20	כא תמוז TAMMUZ 21	כב תמוז TAMMUZ 22	בג תמוז 12 TAMMUZ 23	בד תמוז TAMMUZ 24	כה תמוז TAMMUZ 25	לנו תמוז א MATOT-MASS'EI Shabbat Chazzak Blessing of new month PIRKEI-AVOT: Chapter 1
בז תמוז TAMMUZ 27	כח תמוז TAMMUZ 28	כט תמוז AMMUZ 29	א אב AV 1 AV 1	20 E NE AV 2	ג אב AV 3	אב DEVARIM Shabbat Chazon PIRKEI-AVOT: Chapter 2
23 AV 5	24 AV 6	25 AV 7	26 AV 8	ט אב 27 אפ 27	28 AV 10	א אב VA'ETCHANAN Shabbat Nachamu PIRKEI-AVOT: Chapter 3
יב אב AV 12	יג אב אב Av 13			FAST OF 9TH OF AV		

אלול תשפ"ג MENACHEM AV/ELUL 5783 מנחם אב/אלול תשפ"ג

We all want to be happy. Yet, more frequently than not, happiness remains elusive. We might experience a few fleeting moments of it, just to discover it disappearing again. Where can we find lasting happiness?

» The idea:

True boundless joy can be achieved when we transcend our own limitations. By rising above the confinements of the human conditions, we can connect to the source of infinite happiness.

Knowing that G-d rejoices with the world He created, cheering us as we go about our mission of making this world a better and holier place, is an elevating fountain of happiness. We are no longer merely living our lives, trying to make the best of it; we are a crucial part of the greatest plan of the creator Himself. Isn't that a great cause for celebration?

» Story:

During a private audience, a Chabad Yeshiva student once asked the Rebbe, "How is it possible to be happy?"

The Rebbe replied:

"You should know that the Jewish soul is literally a piece of G-d above, so how is it possible not to be joyous?"

The Rebbe then added: "Since it seems that being happy is not your nature, you have to bear that in mind at all times: To be joyous, and for that reason."



"The Jews should rejoice in their Maker. Every Jew should share in G-d's joy, Who rejoices and is happy in His dwelling place in this world."

(Tanya, Chapter 33)

TRUE HAPPINESS COMES FROM WITHIN - FROM WITHIN OUR DIVINE SPARK, OUR SOUL THAT IS FOREVER CONNECTED TO G-D.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SHAB	BAT
		יד אב AV 14	טר אב ON AV 15	3 אב AV 16	יז אב AV 17	ק אב AV 18	EIKEV PIRKEI-AVOT: Chapter 4
יט אבר AV 19	כ אב AV 20	אב CA אב AV 21	9 AV 22	כג אב CAV 23	כד אב AV 24	12 כה אב AV 25	RE'EH Blessing of new month PIRKEI-AVOT: Chapter 5
כו אב AV 26	14 AV 27	לח אב 15 AV 28	כט אב AV 29	ל אב ל AV 30	א אלול ELUL 1 ROSH CHODESH	ב אלול ELUL 2	SHOFTIM PIRKEI-AVOT: Chapter 6
ג אלול ב אלול 3 ELUL 3	ד אלול ד ELUL 4	ה אלול 5 ELUL 5	1 אלול ELUL 6	ז אלול 1 ELUL 7	אלול ^ח ELUL 8	26 אלול פ ELUL 9	KI TEITZEI PIRKEI-AVOT: Chapter 1 & 2
י אלול 10 ELUL 10	יא אלול ELUL 11	יב אלול ELUL 12	יג אלול ELUL 13	יד אלול ELUL 14			



SHANAH TOVAH!

WE WISH YOU A HAPPY, SWEET NEW YEAR! Geptember 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SHABBAT
					טו אלול ELUL 15	2 אלול אלול KI TAVO PIRKEI-AVOT: Chapters 3 & 4
יז אלול ELUL 17	יח אלול ELUL 18	יט אלול ELUL 19	ה אלול כ ELUL 20	7 כא אלול ELUL 21	כב אלול ELUL 22	בג אלול CLUL 23 NITZAVIM- VAYEILECH Shabbat Selichot PIRKEL-AVOT: Chapters 5 & 6
כד אלול 5 ELUL 24	כה אלול ELUL 25	כו אלול 21 ELUL 26	כז אלול 5 ELUL 27	כח אלול CIUL 28	כט אלול 5 ELUL 29	א תשרי 16 TISHREI 1
						1ST DAY OF ROSH HASHANAH
ב תשרי TISHREI 2	ג תשרי TISHREI 3	ד תשרי TISHREI 4	ה תשרי TISHREI 5	ו תשרי TISHREI 6	ז תשרי 1 TISHREI 7	ח תשרי HA'AZINU Shabbat Shuvah
2ND DAY OF ROSH HASHANAH	FAST OF GEDALIAH					
ט תשרי TISHREI 9	י תשרי 25 TISHREI 10	יא תשרי 11 TISHREI 11	יב תשרי TISHREI 12	יג תשרי 13 TISHREI 13	יד תשרי 13 TISHREI 14	30 טו תשרי TISHREI 15
EREV YOM KIPPUR	YIZKOR YOM KIPPUR				í.	1ST DAY OF SUKKOT